

SHEMFORD HAPPENINGS

NEWSLETTER OF SHEMFORD FUTURISTIC SCHOOL





Shemford Futuristic School, Birpur Jammu has been honored with the "Best School of the Year Award" at the prestigious Indian Icon Awards 2024 ceremony The award recognizes the school's exceptional contributions and achievements in education.

SHEMFORD FUTURISTIC SCHOOL, Birpur Jammu, is a leading educational institution known for its commitment to academic excellence and holistic development. The school aims to foster a learning environment that empowers students to excel and achieve their full potential. The Best School of the Year Award highlights the school's role in setting benchmarks in innovative educational standards and shaping future leaders.





"Knowledge will forever govern ignorance. And people who mean to be their own Governors, must arm themselves with the power which knowledge gives." James Madison

It is rightly said that "The whole purpose of education is to teach the child to think and not what to think". We at Shemford Futuristic School believe that this is the fundamental truth and it has always been the endeavor of the school to instill right values in its students so that they develop a holistic personality and are ready to take on the challenges head on once they step out of the gates of the school.

We have set out on an elevating and stimulative journey with the aim of providing our children an exclusive learning experience by teaching them to march ahead with positive attitude, skill, confidence, sensitivity and responsibility.

The unmatched and impressive heights of glory at which our school stands today bears testimony to the fact the school is fiercely committed to pursue excellence in all the fields, be it in academia, sports, ethics or aesthetics. In this contemporary world where cut throat competition has become a part and parcel of life, it is of supreme importance that we teach our children to be competent enough to stand tall amongst others with their extraordinary skills and come out victorious from the realms of this challenging labyrinth.

We emanate and sprinkle an atmosphere where each child receives love, dignity and acceptance. The trust here is to blend thoroughly the modern and traditional approach which is conducive for learners. Children here learn through exploration and experimentation with a plethora of extra – curricular activities, the students gain optimum exposure and acquire confidence. We are focused to achieve our aim by providing an exemplary infrastructure to work upon a child's physical, mental and artistic faculties.

The words of Swami Vivekananda "Arise! Awake! And stop not till the road is reached" act as our motto and watchword that will always inspire our children throughout their lives.

Warm Regards, Ms. Sahrish Ismaily Principal Shemford Futuristic School

MESSAGE FROM HEADMISTRESS



As they say "Education is the foundation of all we do in life. It shapes who we are and what we aspire to be."

Educational journey is a collaborative effort and together we will create an environment that nurtures the growth and development of every child 'mind . My vision as Headmistress is to build a community where curiosity is encouraged, creativity is celebrated, and each student feels valued and inspired to reach their full potential.

I am committed to fostering a positive and inclusive atmosphere where every child can thrive. I look forward to working closely with our dedicated teachers and supportive parents to ensure that our students receive the highest quality education.

With your trust and support as we begin this exciting new chapter together. I am confident that, with our combined efforts, we will achieve great things and make a lasting impact on the lives of our students.

Warm regards
Sushma Choudhary
Headmistress (Pre-Primary- Grade 3)
Shemford Futuristic School

MESSAGE FROM ADMINISTRATIVE OFFICER

OVERCOMING FEAR: A GUIDE FOR STUDENTS

Fear is something we all experience at different points in our lives. Whether it's the fear of failing a test, speaking in front of the class, or trying something new, it can feel overwhelming. But fear doesn't have to control you. With the right strategies, you can overcome your fears and grow stronger in the process. Here's how:

1. Understand Your Fear:

The first step in overcoming fear is understanding it. Ask yourself, "What am I really afraid of?" Is it the fear of embarrassment, rejection, or failure? Once you identify the root cause, it becomes easier to address.

2. Face Your Fear Gradually:

Avoiding what scares you might feel safe, but it only makes the fear stronger over time. Instead, try facing your fear in small steps. If you're afraid of public speaking, start by speaking in front of a small group of friends, then gradually increase the audience size as you gain confidence.

3. Practice Positive Thinking:

Fear often stems from negative thoughts. You might think, "I can't do this" or "What if I fail?" Challenge these thoughts by replacing them with positive affirmations like, "I am capable," or "I can handle this." The more you practice positive thinking, the more confident you'll feel.

4. Prepare and Plan:

Preparation can significantly reduce fear. If you're afraid of a big test, create a study schedule, and stick to it. Knowing you're prepared will help ease your anxiety. Similarly, if you're nervous about a presentation, practice it multiple times until you feel comfortable.

5. Seek Support:

You don't have to face your fears alone. Talk to a friend, teacher, or family member about what you're afraid of. Sometimes, just sharing your worries can make them feel less daunting. Plus, they might offer helpful advice or encouragement.

6. Visualize Success:

Visualization is a powerful tool. Imagine yourself successfully overcoming your fear. Picture the positive outcome, like acing that test or giving a great presentation. Visualization helps train your brain to focus on success rather than failure.

7. Learn from Failure:

Failure is a natural part of life and an essential part of learning. Instead of fearing failure, see it as an opportunity to grow. Ask yourself, "What can I learn from this experience?" Every failure brings you one step closer to success.

8. Practice Relaxation Techniques:

When fear strikes, your body reacts with symptoms like a racing heart or sweaty palms. Learning relaxation techniques like deep breathing, meditation, or mindfulness can help calm your mind and body, making it easier to think clearly and take action.

9. Take Action

The best way to overcome fear is to take action. Once you've prepared and planned, don't hesitate. Whether it's raising your hand in class or signing up for a new activity, taking that first step is crucial.

10. Celebrate Your Progress:

Every time you face a fear, no matter how small, celebrate your achievement. Recognize your courage and the progress you've made. Over time, these small victories will build your confidence and make it easier to tackle bigger challenges.

Fear is a normal part of life, but it doesn't have to hold you back. By understanding your fears, facing them gradually, and using strategies like positive thinking and relaxation, you can overcome your fears and achieve your goals. Remember, every challenge you face is an opportunity to grow stronger and more resilient. So, take a deep breath, believe in yourself, and take that next step forward!

Ankita Choudhary Administrative Officer/Chief Editor Shemford Futuristic School

MOST PROGRESSIVE SCHOOL OF 2024



We are honored to announce that Shemford Futuristic School, Birpur Jammu, has been recognized by the NATIONAL SCHOOL AWARD as the "MOST PROGRESSIVE SCHOOL of 2024." This prestigious accolade is a testament to the unwavering commitment of our remarkable educators and the entire school community.

Our dedication to excellence in education, innovative teaching methods, and passion for nurturing young minds has truly paid off. This award acknowledges the countless hours we spend inspiring and empowering our students, fostering a love for learning, and instilling values that extend beyond the classroom.

It reflects the collective effort of a team that strives to ensure the success and well-being of every student. Our commitment to creating a supportive and enriching learning environment sets a shining example for educators everywhere.

We take immense pride in this honor and are motivated to continue our pursuit of greatness. Thank you to everyone who contributes to shaping the future generation.

Congratulations to all who have made this achievement possible!



WORLD NATURE CONSERVATION DAY

"Sowing Seeds of Sustainability: Cultivating a Greener tomorrow"

on World Nature Conservation Day, Shemford Futuristic School embarked on a remarkable journey to commemorate the significance of preserving our planet's precious resources. The school community came together to conduct a plantation drive, transforming the campus into a lush oasis.

With enthusiasm and dedication, students and teachers joined forces to plant a diverse array of saplings, symbolizing their commitment to environmental stewardship. This collective effort not only beautified the school grounds but also served as a poignant reminder of the importance of conservation.

Through this initiative, our School instilled in its students the value of sustainability, encouraging them to become responsible custodians of the earth. As the saplings grow, so will the students' understanding of the intricate relationship between human actions and the natural world.







ACTIVITY ON NUCLEAR & JOINT FAMILY



"Family is the backbone of society, and love is the thread that binds it together."

Shemford Futuristic School conducted an engaging activity for grade I students to explore the differences between Nuclear and Joint family. The students created colorful posters and drawings depicting a Nuclear family, highlighting the importance of love, respect, and unity.

This activity aimed to help students understand and appreciate the diversity of family structures, fostering empathy and respect for all types of families.





INVESTITURE GEREMONY

"Empowering Young Leaders: Shemford Futuristic School's Investiture Ceremony"

Shemford Futuristic School proudly conducted its Investiture Ceremony, marking a significant milestone in the academic year. The event was a testament to the school's commitment to nurturing responsible leaders and fostering a sense of community.

The esteemed guests, Chief Guest Mr Vinay Sharma, Senior Superintendent of Police, Samba (JKPS), Guest of Honour Sh. Harish Kumar, Assistant Director NCB, Jammu Zone, Special Guest Ms. Anubhuti Sharda, DySP Cyber Crime, Jammu, and Mr Bhupinder Singh Charak Honourable Chairman SFS were welcomed with great enthusiasm.























KNOW YOUR COUNTRY

HOW INDIA GOT ITS TRICOLOUR



Post-Independence, a national flag committee under President Rajendra Prasad replaces the charkha with the Ashok Chakra.



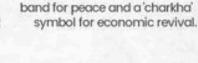
1931

Congress Flag Committee redesigns the flag; the colours now stood for qualities, and not communities -- saffron for courage and sacrifice, white for truth and peace, and green for faith and strength.



1917

Dr Annie Besant and Lokmanya Tilak adopted a new flag as part of the Home Rule Movement.





1921

The Flag of Indian Independence was raised by Bhikhaiji Cama on Aug 22 at the International Socialist Conference in Stuttgart, Germany.



Pingali Venkayya's design for a

national flag gets approved by Gandhi, with the addition of a white





The Calcutta Flag was designed by Sachindra Prasad Bose and Hemchandra Kanungo, hoisted on Aug 7 in Parsee Bagan Square.



INDEPENDENCE WEEK CELEBRATION



























EEKCELEBRA

"Echoes of Freedom: A Celebration of Patriotism at Shemford Futuristic School"

To commemorate the triumph of India's Independence Day Shemford Futuristic School, conducted an Interhouse Patriotic Song and Patriotic Dance competition. The event was graced by esteemed Headmistress Ms Sushma Choudhary, Coordinators, House mistresses and students of the school.

Each house presented a unique and captivating rendition of patriotic songs and dances, impressing the judges and audience alike with their skill, harmony, and enthusiasm, making it a truly difficult task to declare a winner among such outstanding displays of national pride and artistic expression.

The competition was adjudicated by a panel of experts comprising the Senior and Junior CCA Coordinators Ms. Sakshi Sharma, Ms. Seema Rani, Music teacher Mr. Gaurav Jandu and Dance teacher Mr. Vikas Salaria who evaluated the performances based on their technical proficiency, creativity, and patriotic fervor.

The event was a testament to the school's commitment to fostering a sense of national pride and unity among its students. As the young participants took to the stage, their voices and movements harmonized in a celebration of freedom and sovereignty.











INDEPENDENCE WEEK CELEBRATION











INDEPENDENCE DAY GELEBRATION























AGILVINY ON COMMUNITY

Community Helpers are people in professions that directly impact the lives of others. They deliver service that makes our lives easier. It is important for all of us to know the ways in which Community Helpers work.

Our School organised "OUR COMMUNITY HELPERS ACTIVITY" with Pre-Primary students. Students learnt how do these personnel help you.

















RAKSHA BANDHAN CELEBRATION











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AWARENESS PROGRAM ON DRUGS & GYBER BULLYING

" *Your life is a canvas, , don't let drugs paint your future."*

On the eve of International Youth Day, Shemford Futuristic School organized a comprehensive awareness program on the pressing issues of Drugs and Cyber bullying for its students. The event aimed to educate and empower the young minds to make informed choices and navigate the challenges of the modern world.

Advocate Uma Kapahi, a renowned Panel Lawyer of DSLA Jammu, was the esteemed resource person for the program. With her expertise and insight, she delved into the nuances of drug abuse and cyber bullying, highlighting their devastating consequences on individuals and society.

The program was an eye-opener for the students, who actively engaged with the resource person, seeking guidance and clarification on various aspects of these critical issues. The interactive session enabled them to grasp the severity of the problems and the importance of responsible behavior.

As a token of appreciation, a momento was presented to the resource person by the esteemed Headmistress of Primary Wing, Ms Sushma Choudhary acknowledging her invaluable contribution to the awareness program.

The event was a resounding success, leaving an indelible mark on the students' minds.



VISIT TO CENTRAL UNIVERSITY OF JAMMU



Experience is the ultimate teacher!!

Students of grade VII and grade VIII went on an educational trip to CENTRAL UNIVERSITY where in they went to visit different departments of the campus and it senitized in them the importance of education. They were informed of the university's brimming goal to achieve an all-around development for the students through suporting infrastructure, Their trip across the vicinity gave them hands-on experience to be a part of such a university. Visit to the campus library which triumphed books on civil and public laws,public administration, different subject knowledge,policies, general studies, and a wide array of related books was a true store house of knowledge. They left their travels where they had a masterful experience at CENTRAL UNIVERSITY. The students were accompanied by their form teachers Ms. Shallu (TGT Hindi) and Ms. Gurjyot (TGT Social Science) along with PTI - Mr. Neeraj Manhas.













KNOW YOUR STATE

JAMMU & KASHMIR

1846

Maharaja Gulab Singh buys the region of J&K from East India Company

1947

Upon infiltration from Pakistan; Maharaja Hari singh signed **Instrument of Accession** in return for military help from India.

Jan 1948

India takes Kashmir issue to United Nations.

Jan 1949

UN mediates a ceasefire & Karachi
Agreement was signed.

1950

The Indian constitution comes into force.

Article 1 defines J&K as a state of India

Article 370 accords special status to J&K.

1954

Article 35A introduced by Presidential Order

1962

China gains control of Aksai Chin in J&K

1965 - 66

War between India & Pakistan; & Tashkent Declaration was signed

1971 - 72

War between India & Pakistan; Simla Agreement was signed

1977 - 89

J&K sees a steady rise of Militant insurgency.

Kashmiri Pandits flee from Kashmir valley.

Jun 1999

War erupts over Pakistan's infiltration in Kargil.

Nov 2008

Terrorists affiliated to Lashkar-e-Taiba attack various public places & hotels in Mumbai.

Sept 2016

Militants attack Indian Army base in Uri, J&K Indian Army retaliates with surgical strikes across the Line Of Control.

Dec 2018

Central rule declared in J&K

Feb 2019

40 Indian paramilitary personnel killed in militant attack. India carries out retributive strikes on terror camps across the LoC in Pakistan's Balakot region.

5th Aug 2019

Home minister Amit Shah proposes a presidential order to repeal Article 370 & 35A. J&K is bifurcated as two union territories of Ladakh & J&K

AGILVINY ON COMMUNITY GOOD & BAD MANNERS







WORKSHOP ON EFFECTIVE PARENTING

"Empowering Parents, Enriching Lives: Shemford Futuristic School Hosts Workshop on Effective Parenting"

Shemford Futuristic School organized a comprehensive workshop for parents of Kindergarten to Grade III students, featuring esteemed resource persons Dr. Neha Khosa Atal, Expert Educator from Harper Collins, Delhi and Sh. Vipin Gupta, Manager, Harper Collins Jammu.

Our esteemed leaders, Ms. Sahrish Ismaily (Principal), Ms. Sushma Choudhary (Headmistress) and Ms. Ankita Choudhary (Administrative officer) graced the event by their presence. The workshop commenced with a warm welcome address by Sr. CCA Coordinator, Ms. Sakshi Sharma.

The engaging session focused on various, vital topics, like Effective Parenting Strategies, managing tantrums and meltdowns, screen time and its impact, balancing work and family life, dealing with sibling rivalry, building strong parent-child bonds, common academic challenges, maximizing participation in School activities, encouraging independence in daily Chores, language development at home, mindful communication with children etc.

The workshop aimed to empower parents with practical strategies and expert advice to nurture their children's holistic development, fostering a supportive and collaborative environment for their growth.















SOCIAL SCIENCE WEEK

*"Unity in Diversity: Exploring India's Rich Heritage"

"A Kaleidoscope of Cultures"*

Grade III students embarked on a fascinating journey across India, dressed in the vibrant attire of different states. This inaugural day of Social Studies Week set the tone for an immersive exploration of our country's diverse culture, traditions, history, cuisine, and attractions. Through meticulous research and engaging

presentations, students delved into the unique aspects of their assigned states. The first day of the SST week was a spectacular success, featuring outstanding performances by the students. The program was a perfect blend of education and entertainment, leaving the students informed and delighted.





SOCIAL SCIENCE WEEK

"Unity in Diversity: Exploring India's Rich Heritage"

"Tradition meets Celebration"

Grade I students embarked on a fascinating journey across India, dressed in the vibrant attire of different states. This inaugural day of Social Studies Week set the tone for an immersive exploration of our country's diverse culture, traditions, history, cuisine, and attractions. Through meticulous research and engaging

presentations, students delved into the unique aspects of their assigned states. The festivals cherished were Onam, Holi, Diwali etc. The second day of the SST week was a spectacular success, featuring outstanding performances by the students. The program was a perfect blend of education and entertainment and tradition leaving the students informed and delighted.















SOCIAL SCIENCE WEEK

"Kutcha house and Pucca house"

≖ 金蟾☆☆会発≖

Grade II students embarked on a fascinating journey across India, to get acquired by the knowledge on the different house styles in India .

Through this activity they were able to differentiate between what is pucca house and what is kutcha house and what materials are used to make these houses.

This inaugural day of Social Science Week set the tone for an immersive exploration of our country's diverse culture, traditions, history, cuisine, housing styles and attractions. Through meticulous research and engaging

presentations, students delved into the unique aspects of their assignments. The third day of the SST week was a spectacular success, featuring outstanding performances by the students. The program was a perfect blend of education and entertainment and tradition leaving, insightful information about India's rural and urban society.













JANAMASTAMI CELEBRATION

















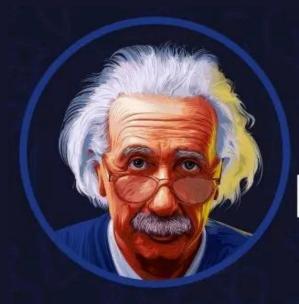
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Albert Einstein Theories That Changed The World



The Quantum Theory Of Light

This theory proposed that light is composed of tiny particles called photons that exhibit wave-like properties. Therefore, the theory suggested that light is dual in nature.



Brownian Motion

Albert Einstein suggested the presence of indistinguishable particles. His theory of Brownian motion led experimental physicists to prove the existence of molecules.



The Bose-einstein Condensate

The Bose-Einstein condensate is a state of matter that is formed when a gas of bosons of very low densities is cooled to the lowest temperature to absolute zero. Satyendra Nath Bose and Albert Einstein predicted this state of matter in the year 1924.

NATIONAL SPORTS DAY



MODEL UNITED NATION



*"Diplomacy in Action: Shemford Futuristic School Concludes Successful MUN Conference"

Shemford Futuristic School recently hosted a highly successful Model United Nations (MUN) conference, culminating in a grand closing ceremony that left an indelible mark on the participants. The event was graced by the esteemed presence of Ms. Anita Kumari, Assistant Professor, as the Guest of Honour.

The conference commenced with a warm welcome address by Ms. Sushma Choudhary, setting the tone for the engaging discussions that followed. The committee members, who worked tirelessly to ensure the smooth functioning of the conference, were felicitated for their outstanding contributions.

The highlight of the closing ceremony was the felicitation of Mr. Tarun Jeet Singh, Secretary General, with a momento of honour and a certificate, in recognition of his exceptional leadership and dedication to the conference's success. The conference was officially concluded by sr. CCA Coordinator and the event Coordinator of the MUN Ms.Sakshi Sharma . The two day conference was an experience which built the confidence and inculcate the learning process in our delegates.

The conference provided a platform for young minds to engage in stimulating debates, exchange ideas, and develop essential skills in diplomacy, negotiation, and collaboration. As the curtains drew on this year's edition, the participants departed with cherished memories, new friendships, and a renewed sense of purpose.



ENGLISH

SILENT LETTERS

K	н	В
Knack	Hour	Bomb
Knead	Architect	Climb
Knee	Chaos	Comb
Kneel	Character	Debt
Knell	Chemical	Doubt
Knew	Chemist	Dumb
Knife	Echo	Lamb
Knight	Ghost	Limb
Knit	Monarch	Numb
Knob	Scheme	Plumb
Knock	School	Subtle
Knot	Stomach	Succumb
Know	Technical	Thumb
Knocwledge	Honest	Tomb

U	G	W
Biscuit	Align	Wrangle
Build	Campaign	Wrap
Circuit	Design	Wreath
Disguise	Foreign	Wreck
Guilty	Malign	Wrench
League	Reign	Wrestle
Rogue	Sign	Wriggle
Vague	Assign	Wring
Guess	Gnarled	Write
Guest	Gnash	Wrong
Guide	Gnat	Answer
Guitar	Gnaw	Sword
Antique	Gnome	Towards
		Two

ENGLISH

TONGUE TWISTERS

Whether the weather be fine, Or whether the weather be not, Whether the weather be cold Or whether the weather be hot, We'll weather the weather Whatever the weather, Whether we like it or not.



Of all the felt I ever felt, I never felt a piece of felt which felt as fine as that felt felt, when first I felt that felt hat's felt.



I cannot bear to see a bear bear down upon a hare. when bare of hair he strips the hare, right there I cry, "Forbear!"



Three thin thieves thought
a thousand thoughts.

Now if three thin thieve
thought a thousand
thoughts, how many
thoughts did each thief think?



Swan swam over the sea, Swim, swan, swim! Swan swam back again Well swum, swan!



Susan shineth shoes and Sarah saw a shot-silk sash shop full of shot-silk sashes as the sunshine shone on the side of the shot-silk sash shop.



A flea and a fly flew up in a flue.

Said the flea, "Let us fly!"

Said the fly, "Let us flee!"

So they flew through a flap in the flue.



While we were walking, we were watching window washers wash Washington's windows with warm washing water.



Susan shineth shoes and socks; socks and shoes shines Susan. She ceased shining shoes and socks, for shoes and socks shock Susan.



STREET,





हिंदी का महत्व

हिंदी, दुनिया में सबसे अधिक बोली जाने वाली भाषाओं में से एक है, जो सांस्कृतिक और सामाजिक-राजनीतिक दोनों संदर्भों में महत्वपूर्ण स्थान रखती है। इसके महत्व को संचार, सांस्कृतिक पहचान और आर्थिक विकास सहित विभिन्न दृष्टिकोणों से देखा जा सकता है।

संचार

हिंदी भारत में और वैश्विक स्तर पर भारतीय प्रवासियों के बीच संचार का एक महत्वपूर्ण माध्यम है। 500 मिलियन से अधिक वक्ताओं के साथ, यह विविध क्षेत्रों, संस्कृतियों और समुदायों को जोड़ने वाले सेतु का काम करती है। भारत जैसे बहुभाषी राष्ट्र में, जहाँ सैकड़ों भाषाएँ एक साथ मौजूद हैं, हिंदी राष्ट्रीय एकता को बढ़ावा देते हुए प्रभावी बातचीत और समझ की सुविधा प्रदान करती है। भाषा का उपयोग सरकार, मीडिया और शिक्षा में भी किया जाता है, जो इसे प्रशासनिक उद्देश्यों और रोज़मर्रा की ज़िंदगी दोनों के लिए ज़रूरी बनाता है।

सांस्कृतिक पहचान

हिंदी सिर्फ़ एक भाषा नहीं है; यह संस्कृति और विरासत का वाहक है। इसमें कविता, गद्य और लोक कथाओं सिहत समृद्ध साहित्यिक परंपरा शामिल है, जो इसके वक्ताओं के मूल्यों, विश्वासों और इतिहास को दर्शाती है। कबीर और समकालीन लेखकों जैसे प्रसिद्ध किवयों की रचनाएँ भारतीय साहित्य को समृद्ध करती हैं और मानवीय अनुभव में अंतर्दृष्टि प्रदान करती हैं। इसके अलावा, बॉलीवुड, हिंदी फिल्म उद्योग, सांस्कृतिक आख्यानों को आकार देने, फैशन, संगीत और सामाजिक रुझानों को प्रभावित करने में महत्वपूर्ण भूमिका निभाता है, जिससे भारत के भीतर और वैश्विक भारतीय समुदाय के बीच सांस्कृतिक संबंध मजबूत होते हैं।

आर्थिक विकास

आज की वैश्वीकृत दुनिया में, हिंदी में दक्षता करियर के अवसरों को बढ़ा सकती है। जैसे-जैसे भारत वैश्विक अर्थव्यवस्था में एक प्रमुख खिलाड़ी के रूप में उभर रहा है, हिंदी का ज्ञान व्यापार, कूटनीति और अंतर्राष्ट्रीय संबंधों में एक परिसंपत्ति हो सकता है। कई बहुराष्ट्रीय कंपनियाँ ऐसे कर्मचारियों की तलाश करती हैं जो भारतीय बाज़ार से प्रभावी ढंग से जुड़ने के लिए हिंदी समझते हों। इसके अलावा, भारत में पर्यटन, इसकी विविध संस्कृतियों में वैश्विक रुचि से प्रेरित है, हिंदी से लाभान्वित होता है, क्योंकि कई पर्यटक स्थानीय आबादी के साथ उनकी मूल भाषा में जुड़ना चाहते हैं।

निष्कर्ष

निष्कर्ष के तौर पर, हिंदी एक महत्वपूर्ण भाषा है जो संचार को बढ़ावा देती है, सांस्कृतिक पहचान को संरक्षित करती है और आर्थिक विकास का समर्थन करती है। इसकी भूमिका केवल शब्दों से परे है; यह एक राष्ट्र की भावना का प्रतीक है और पीढ़ियों और भौगोलिक क्षेत्रों के लोगों को जोड़ता है। जैसे-जैसे हम एक दूसरे से जुड़ते जा रहे विश्व में आगे बढ़ रहे हैं, हिंदी का महत्व बढ़ता ही जाएगा, जिससे यह व्यक्तियों और समाजों दोनों के लिए आवश्यक हो जाएगी। हिंदी को अपनाना सिर्फ़ भाषा के बारे में नहीं है; यह संस्कृति, इतिहास और पहचान के समृद्ध ताने-बाने को अपनाने के बारे में है जो लाखों लोगों के साथ प्रतिध्वनित होता है।

मोनिका सलाथिया पीआरटी हिंदी

FRANÇAIS



spiritual

Le Developpement de la Personnalite

Introduction

Le Developpement de la Personnalite' est un processus complexe Qui englobe l' evolution de nos traits, comportements et attitudes au fil du temps. Developpement de la Personnalite' et les moyens d'encourager une croissance personnellesaine.

Les Facteurs influents

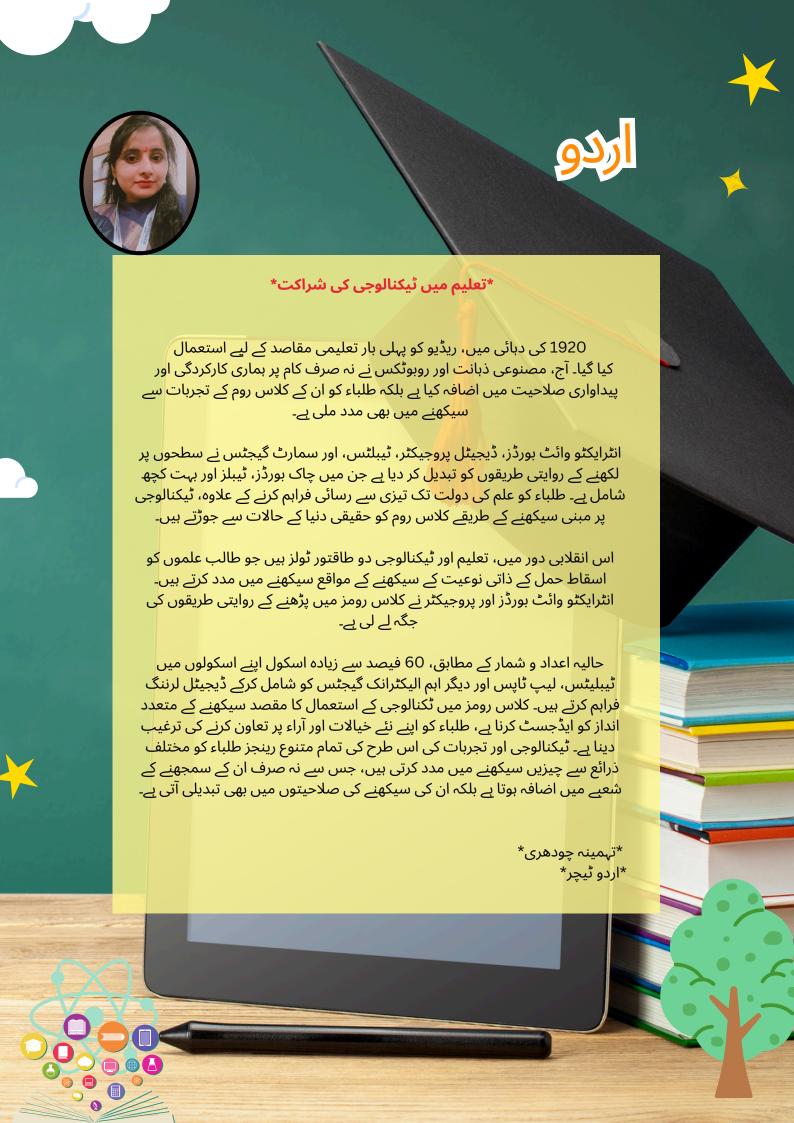
- 1. Genetique et Heritage
- 2. Environment et Education
- 3. Experience de vie

Encourager le Developpement personnel

- 1. Auto Reflexion
- 2. Education Continue
- 3. Relations positives

tanika Angral French teacher

physical





<u>संस्कृत श्लोक</u>

उद्यमेन हि सिध्यन्ति कार्याणि न मनोरथैः। न हि सुप्तस्य सिंहस्य प्रविशंति मुखे मृगाः।



कोई भी काम उद्यम (मेहनत) से ही पूरा होता है, बैठे-बैठे हवाई किले बनाने से नहीं अर्थात सिर्फ सोचने भर से नहीं। ठीक उसी प्रकार सोते हुए शेर के मुंह में हिरण खुद नहीं चला जाता।

> क्षणशः कणशश्चैव विद्यामर्थं च साधयेत् । क्षणे नष्टे कुतो विद्या कणे नष्टे कुतो धनम् ॥

एक एक क्षण गवाये बिना विद्या ग्रहण करनी चाहिए और एक एक कण बचा करके धन ईकट्ठा करना चाहिए। क्षण गवाने वाले को विद्या कहाँ और कण को क्षुद्र समझने वाले को धन कहाँ ?

> यस्य कृत्यं न जानन्ति मन्त्रं वा मन्त्रितं परे। कृतमेवास्य जानन्ति स वै पण्डित उच्यते ॥

दूसरे लोग जिसके कार्य, व्यवहार, गोपनीयता, सलाह और विचार को कार्य पूरा हो जाने के बाद ही जान पाते हैं, वही व्यक्ति ज्ञानी कहलाता है।

> आलस्यं हि मनुष्याणां शरीरस्थो महान् रिपुः नास्त्युद्यमसमो बन्धुः कृत्वा यं नावसीदति

मनुष्यों के शरीर में रहने वाला आलस्य ही उनका सबसे बड़ा शत्रु होता है परिश्रम जैसा दूसरा (हमारा)कोई अन्य मित्र नहीं होता क्योंकि परिश्रम करने वाला कभी दुखी नहीं होता

> पुस्तकस्था तु या विद्या, परहस्तगतं च धनम् ! कार्यकाले समुत्तपन्ने न सा विद्या न तद् धनम्

किताब में रखी विद्या व दूसरे के हाथो में गया हुआ धन कभी भी जरुरत के समय काम नहीं आते

काव्य-शास्त्र-विनोदेन कालो गच्छति धीमताम्। व्यसनेन तु मूर्खाणां निद्रया कलहेन वा॥

बुद्धिमान लोगों का समय काव्य और शास्त्र का विनोद करने में व्यतीत होता है, जब कि मूर्खों का समय व्यसन, नींद व कलह में व्यतीत होता है।

रजनी मीनिया संस्कृत शिक्षिका