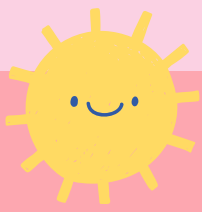


# SHEMFORD HAPPENINGS

Monthly Newsletter of Shemford Futuristic School





## Senior Academic Coordinator

Ms. Balvinder Choudhary



"Intelligence plus character is the goal of true education" M. L. King Jr.

At Shemford Futuristic school we believe that 'children must be taught how to think, not what to think.' Shemford Futuristic school provides an inclusive environment where students are encouraged to put their best foot forward to achieve academic, sporting and social excellence. Students are provided with platforms in the form of various inter class, inter house and inter school competitions where not only the inborn talents of the child is polished to shine but also builds confidence and help enhance their personality. The potential of the students are channelized by teacher cum facilitators with a holistic student centred approach.

The school provides an environment where the child realizes his worth as a responsible, balanced and valued member of the society; and believes in the concept of creating an ambient future for all. The school leaves no stone unturned to even provide counselling sessions from time to time.

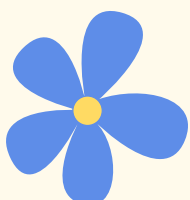
In the technologically changing fast world the school promises to keep up the pace benefiting both students and teachers by deploying smart classes, maths lab, AI learning and regular teacher training workshops. All efforts that are put in by team SFS reflect in the various laurels that our students bring and the awards that have been conferred to SFS in a short span of time.

We believe in moving ahead with all our stakeholders and strongly feel that education is a shared commitment between dedicated teachers, motivated students and responsible parents. Together we can and we shall make the Shemford Futuristic school a best place for learning and growth.

We at Shemford Futuristic school strongly believe in a quote by the great Scientist and Philosopher Albert Einstein -

"Education is what remains after one has forgotten what one has learned in school"

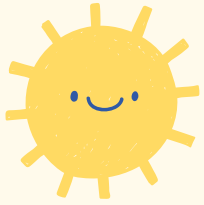
As the CCA Coordinator at Shemford Futuristic School, I have the privilege of overseeing a diverse and dynamic range of co-curricular activities that cater to the varied interests, passions, and talents of our students, fostering their creativity, critical thinking, teamwork, and leadership skills, while promoting holistic development, confidence, camaraderie, and a sense of community among our students, and I look forward to working together with our dedicated team of teachers and students to make our CCA program a resounding success, empowering our students to become well-rounded, innovative, and socially responsible individuals who are equipped to excel in an ever-changing world, make meaningful contributions to society, and achieve their full potential in all aspects of life.



## Senior CCA Coordinator

Ms. Sakshi Sharma





Dear Readers,

It is with great joy and pride that I bring to you the May & June edition of our school newsletter — a vibrant canvas that captures the spirit, achievements, and moments of Shemford Futuristic School over the past two months.

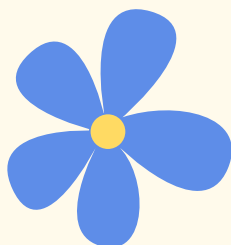
These months have been a whirlwind of activity and learning, filled with opportunities that helped our students and teachers showcase their talents, creativity, and determination. From engaging classroom innovations and thought-provoking projects to festive celebrations, competitions, and milestones, each page of this edition reflects the essence of our school's ethos — nurturing excellence while fostering joy and curiosity.

As you browse through these stories, you'll see how each small effort — whether by a child raising their hand to answer, a teacher staying late to guide a student, or a team organizing an event — contributes to the larger fabric of our school's journey. This newsletter is more than just a collection of events; it is a celebration of the people who make Shemford a place where dreams take flight.

I would like to extend my heartfelt thanks to the students, teachers, and staff who contributed to making this edition rich and meaningful, and to our readers who continue to encourage us with their feedback and appreciation.

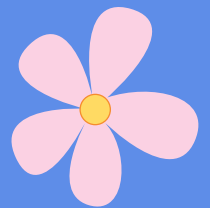
Let us all continue to work together, cherish every moment, and strive toward greater heights in the coming months.

Happy Reading!

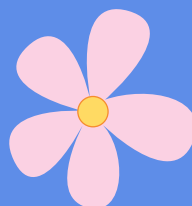


## Chief Editor

Ms. Ankita Choudhary



**"Great things are  
not done by  
impulse, but by a  
series of small  
things brought  
together with  
love and  
purpose."**





# 100% CBSE Results

We are immensely proud to announce that Shemford Futuristic School, Birpur Jammu has once again achieved a 100% pass result in the CBSE Grade 10 Board Examinations 2025!

Heartiest congratulations to our brilliant students, committed teachers, supportive parents, and the entire Shemford family for upholding the legacy of success.

Together, let us continue to inspire, achieve, and Grow!!

## Grade -X Toppers



**Nandini  
Dabgotra**

93.8%



**Bhavya  
Sharma**

92.6%



**Mannat  
Jamwal**

90.6%





# Labour's Day





# Muaythai Championship



Proud Moment for Shemford Futuristic School, Birpur, Jammu ★



Divya Chitrangada of Grade 3, has brought laurels to our school by winning a **GOLD MEDAL** in the Muaythai Championship held in Chandigarh! 🏆🇮🇳

Divya's dedication, hard work, and perseverance have paid off. Her victory is a testament to her spirit and determination. 🌟

We congratulate Divya on this remarkable feat and wish her continued success in all her future endeavors. She is a shining star of our school, and we are honored to have her as a part of our Shemford family!

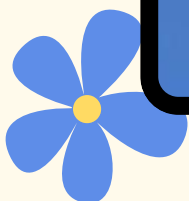


## Congratulations!

**DIVYA  
CHITRANGADA**

**Grade-3**

**Gold Medal in  
Muaythai  
Championship  
held in  
Chandigarh**



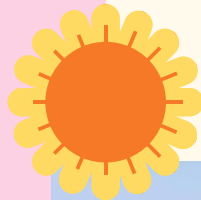


# Kindergarten Trip to Bagh-e-Bahu Fish Aquarium



To spark curiosity and enhance experiential learning, Shemford Futuristic School, Birpur organized a splash-tastic and educational trip for our Kindergarten students to the Fish Aquarium at Bagh-e-Bahu, Jammu.

Our little Shemstars were bubbling with excitement as they explored the vibrant world of aquatic life.





# Spell Bee

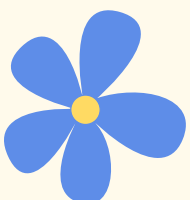


" The goal of Spell Bee 🐝 Competition is to develop a profound understanding of English language and to improve the vocabulary.

Spelling bee 🐝 Competition, took place involving in our enthusiastic kindergarten students.

The competition was a wonderful opportunity for our young learners to showcase their spelling skills and boost their confidence in a fun and educational environment.

Throughout the event, students participated eagerly demonstrating their knowledge of letters and sounds as they spell words, it was heart warming to witness their determination and enthusiasm. The competition not only encouraged healthy competition but also fostered a sense of camaraderie among the students as they cheered for each other success.

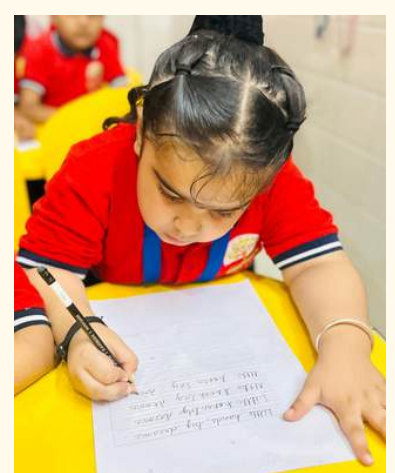
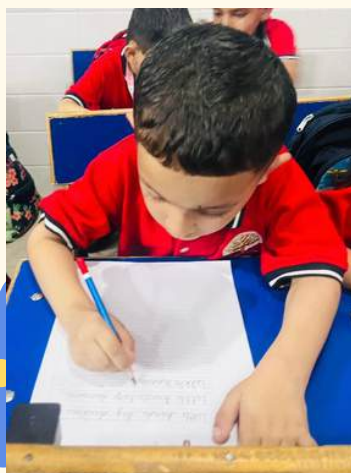




# Puppet Show



# Calligraphy Competition





# Inter-School Hindi Debate Competition



"Language is not just a means of communication, but also a bridge between cultures and ideas."

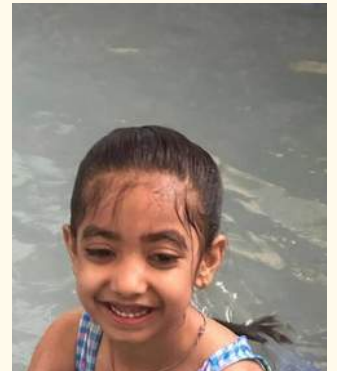
Shemford Futuristic School, Birpur Jammu organized an Inter-school Hindi Debate Competition under the aegis of the Sahodaya Schools' Complex, which saw participation from numerous schools.

The chief guests, Ms. Rekha Mahajan (BJP leader) and Adv. Purnima Sharma (JKUT BJP Spokesperson & Former Deputy Mayor at JMC), graced the occasion. The debate was judged by Dr. Bhagwati Devi (Assistant Professor, Hindi Department, University of Jammu) and Dr. Sunil Kumar Saliada (Assistant Professor in Hindi, GDC Bishnah).





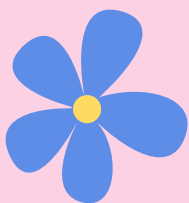
# Pool Party



# Family Day



fAMILY







# Karate Championship



\*\_"Discipline is the bridge between goals and accomplishment."\_\*

We are proud to share that our students made a remarkable mark at the 2nd All India Kyokushin Bugakukan Karate Championship 2025. The championship, organized by the Kyokushin Bugakukan Karate Federation India and affiliated to the International Karate Organisation Kyokushin Bugakukan - Japan, was held at the Indoor Sports Complex, Bhagwati Nagar, Jammu, J&K.

A total of 41 students from our school participated in the prestigious event, showcasing their exceptional karate skills and sportsmanship. Their dedication and perseverance paid off as they brought laurels to the school by winning the Runner-Up Trophy.

We congratulate our students, who excelled under the expert guidance of their coach, Mr. Deepak, and we also appreciate the unwavering support of our parents. This outstanding achievement is a testament to the school's commitment to fostering talent and promoting physical fitness among its students.



## Taekwondo Championship

"Courage is not the absence of fear, but rather the judgment that something else is more important than fear."

We are thrilled to share that our students achieved a remarkable 100% result at the Inter-School Taekwondo Championship 2025, held on May 23rd and 24th, 2025, at United Martial Art Academy, Talab Tillo, Jammu.

A total of 31 students from our school participated in the championship, which was organized by United Martial Art Academy, approved by Taekwondo Association of District Jammu, recognized by J&K Sports Council, and affiliated with Jammu and Kashmir Taekwondo Association.

Students performed awesomely under the guidance of our coach, Mr. Neeraj Manhas, and their outstanding performance earned our school the Winners Trophy, a testament to their hard work, dedication, and passion for the sport. We congratulate our students, coach, and parents on this remarkable achievement.





# Empowering Young Minds: Conclave 2025



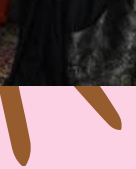
**"Empowering Young Minds: Erudite Conclave 2025 Ignites Intellectual"**

Shemford Futuristic School Jammu and Kitaab & Kalam Foundation successfully inaugurated the prestigious Erudite Young Minds Conclave 2025. The event brought together 350+ students from 50 + esteemed schools, along with Principals and esteemed guests, providing a platform for young minds to engage, learn, and grow.

The chief guest, Dr. Kiran Bedi, a trailblazing IPS officer and former Lieutenant Governor of Puducherry, delivered a keynote address that inspired students, teachers, and Principals alike with her profound ideas and thoughts. Other Guest of Honour included Mr ShantManu, IAS( Additional Chief Secretary, Higher Education Department J&k ) Dr.Devansh Yadav, IAS (Commissioner, JMC ) Ms Anisa Nabi, KAS ( Chief Sports Officer, JKSC ) and Ms Harvinder Kaur, KAS, (Secretary J&k Acadmey of Arts , Culture and languages), Ms Kashish Talla( Successful Women Entrepreneur, Owner Talla Jeweller), Mr Manik Batra ( MD Batra Group) , Dr Kunal Anand (CBSE Trainer, Principal DPS Udampur) , Dr P.K Srivastav (CBSE Mentor , City Coordinator, Principal Model Academy)

The program began with a welcome address by Mr. Guneet Singh, Founder of Kitab and Kalam Organization, and Ms.Kiranjit Kaur, Vice Principal of Shemford. The guests were felicitated, and group photos of different schools were taken, capturing the spirit of camaraderie and intellectual curiosity.

The Erudite Young Minds Conclave 2025 was a resounding success, thanks to the participation of esteemed guests, students, and Principals. The event was moderated by Ms Shwetima Jamwal (RJ) and witnessed the presence of other distinguished guests, including Ms. Vijay Puri ( Renowned Educationist) Ms. Karuna (President Rotary Jammu Helping Hands ) , Mr. Ajeet Singh(MD DRS kids ) Ms. Manpreet Kour( PCS ) Mr. Ayush Sawhney ( CA ) and Mr. Laksh Puri (Lawyer ) , Mr.Rumit ( MD Atulya) , Mr. Nikhil( MD Neekiz snacks ) , Ms Neetu ( Head - CUJ ) , Mr Raghav Sharma ( BNI ) , Ms Dimpri Sharma( BNI ) , Ms Sheeba (Take one Channel )





# Empowering Young Minds: Conclave 2025





# Empowering Young Minds: Conclave 2025



## ESOI Summit 2025 Concludes with Resounding Success

Kitaab and Kalam Foundation, in collaboration with Shemford Futuristic School, proudly presents the successful culmination of the Erudite Young Minds Conclave 2025. The three-day event, held from May 30 to June 1, 2025, brought together over 33 renowned schools and esteemed dignitaries to foster intellectual discourse, innovation, and creativity among young minds.

### Distinguished Guests - Final Day

Chief Guest:- Shri Surinder Bhagat, Honorable MLA,

Guests of Honor-

Smt. Sunaina Mehta, KAS,

Dr. Arvind Karwani, KAS

Special Guests:-

Sh Ranjeet Kalra

Member J&K Government UT Sports Council

And Member Governing Council (Sports) Shri Mata Vaishno Devi Shrine Board,

Ms. Indu Kapoor, Principal, British International School,

Ms. Roopam Kaul, Director, Sapling International School

Other Guests:

Ms. Affan Wani (Owner Laser me out), Mr. Danish Mahajan (CEO Perfect Meats), Mr. Neekhil Mahajan (Owner Neekz), Mr. Ashwani Mahajan, Mr. Ravinder Pal Singh (MD ARR Diagnostics), Ms. Harsha Mattu (Educationist), Ms. Manpreet Kaur (Educationist), Mr. Ajeet Singh (MD Sapling International School).







# Movie Time Magic

🎬 ✨ Little stars, ⭐ big dreams!! Movie Time sparks imagination and joy at kindergarten.... 🎁

A movie time was organised for kindergarten wherein they experienced the Movie Theatre in the school premises and enjoyed every bit of it -from buying the 🎫 tickets, and enjoying the movie along with some snacks 🍿 🥤

The aim of this activity was to enhance their cognitive skills, social emotional development and overall learning.





# MODAL VERBS

MODALS	FUNCTIONS	EXAMPLES
1 CAN	is used to express ability, possibility, doubt, or request	I can run very fast. He can come with us.
2 COULD	is used to express ability in past, permission, or possibility	Could you say it again? I could run faster when I was younger.
3 MAY	is used to express future possibility or permission	May I come in? They may go tomorrow.
4 MIGHT	is used to express past possibility or permission	I might go home tonight. He might have read book before go to sleep.
5 SHALL	is used to express future plans, suggestions or intention	Shall we go to shop? Shall I open the door?
6 WILL	is used to express certain prediction, desire, or promise	It will be cold tomorrow. I will do my best in exam.
7 SHOULD	is used to express advice, recommendation, or expectation	You should learn English. You should be ready.
8 WOULD	is used to express willingness, invitation or past habit	I would be happy to assist. Would you come again?
9 MUST	is used to express necessity, obligation or logical conclusion	I must finish my homework by today.
10 OUGHT TO	is used to express strict recommendation or moral obligation	You ought to apologize for your mistake.





# Instead of Very

Instead of	Say	Instead of	Say
very lazy	<b>indolent</b>	very necessary	<b>essential</b>
very fat	<b>obese</b>	very noisy	<b>deafening</b>
very afraid	<b>terrified</b>	very dry	<b>parched</b>
very accurate	<b>exact</b>	very cold	<b>freezing</b>
very often	<b>frequently</b>	very clever	<b>brilliant</b>
very smelly	<b>pungent</b>	very stupid	<b>idiotic</b>
very smooth	<b>sleek</b>	very thin	<b>gaunt</b>
very willing	<b>eager</b>	very ugly	<b>hideous</b>
very long-term	<b>enduring</b>	very wicked	<b>villainous</b>
very nervous	<b>apprehensive</b>	very quiet	<b>silent</b>
very strong	<b>unyielding</b>	very accurate	<b>exact</b>
very tasty	<b>delicious</b>	very clean	<b>spotless</b>
very tired	<b>exhausted</b>	very dear	<b>cherished</b>
very valuable	<b>precious</b>	very happy	<b>ecstatic</b>
very neat	<b>immaculate</b>	very large	<b>huge</b>
very risky	<b>perilous</b>	very little	<b>tiny</b>
very afraid	<b>fearful</b>	very powerful	<b>compelling</b>
very creative	<b>innovative</b>	very risky	<b>perilous</b>
very evil	<b>wicked</b>	very short	<b>brief</b>
very good	<b>excellent</b>	very worried	<b>distressed</b>
very light	<b>luminous</b>	very upset	<b>distraught</b>
very nice	<b>kind</b>	very glad	<b>overjoyed</b>
very rich	<b>wealthy</b>	very cute	<b>adorable</b>
very roomy	<b>spacious</b>	very colorful	<b>vibrant</b>
very smart	<b>intelligent</b>	very shy	<b>timid</b>





# Book Fair



## Book Fair: A Celebration of Reading

"A book is a dream that you hold in your hands."

Shemford Futuristic School today organized a Book Fair, a celebration of reading and learning. The fair featured a wide range of books across various genres, catering to the diverse interests of students. The event aimed to instill a love for reading in students and provide them with access to a vast array of books.

The Book Fair was inaugurated by Special Guest Ms. Sadaf Shah, who emphasized the importance of reading in shaping young minds. The fair was a huge success, with students enthusiastically browsing through the books and discovering new authors and genres. The event was a testament to the school's commitment to fostering a love for reading and learning.



# Parent Teacher Meeting







# Know your State: J & K

The first Constituent Assembly in Jammu and Kashmir, for the purpose of drafting its own constitution, was convened on 31st October, 1951.

Dogra ruler, Maharaja Hari Singh, is credited with establishing the first legislature in the state of Jammu and Kashmir.

'Praja Sabha' was the name given to the first of its kind representative legislative assembly in Jammu and Kashmir.

The Constitution of Jammu and Kashmir (Sixth Amendment) Act, 1965, changed the nomenclature of Wazir-e-Azam (Prime Minister) to Chief Minister and Sadar-e-Riyasat (President) to Governor.

Ghulam Muhammad Sadiq was the last Wazir-e-Azam (Prime Minister) and the first Chief Minister (renamed position for Wazir-e-Azam) of Jammu and Kashmir.

The Constitution of Jammu and Kashmir was adopted on 17 November 1956, and it came into effect on 26 January, 1957.



Find **5** differences



**Riddle:**

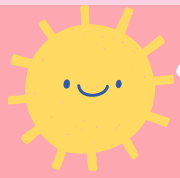
If you drop me,  
I'm sure to crack,  
but smile at me  
and I'll smile back.  
What am I?

Answer: A mirror.

**Riddle: What  
can go through  
glass without  
breaking it?**

Answer: Light.





# Principal's Meet



## "Empowering Education Leaders: Shemford Futuristic School Hosts Principals' Meet"

Shemford Futuristic School Jammu -Birpur in association with Kitab & Kalam Foundation hosted Principals' Meet, themed "Leading with Heart & Vision: Educating for the India of Tomorrow". The workshop brought together Principals from around 33+ schools, providing a platform for educational leaders to share insights and best practices.

The workshop was conducted by two renowned resource persons, Dr. Kunal Anand and Dr. P.K. Srivastava, who are esteemed experts in education. Dr. Anand is a CBSE Master Trainer, Principal of Delhi Public School (Udhampur), and mentor at Kitaab aur Kalam, while Dr.P.K. Srivastava is Principal of Model Academy School and a mentor at Kitaab aur Kalam, DTC CBSE COE Chandigarh & City Coord. Jammu, CBSE

The Principals' Meet & Greet provided an opportunity for educational leaders to network, share experiences, and gain valuable insights on leading schools with heart and vision. The workshop was a resounding success, and the participating Principals expressed their gratitude for the engaging and thought-provoking discussions.





# Environment Day

"Nurturing Nature: Shemford Futuristic School's Green Pledge for a Brighter Future" ★

Shemford Futuristic School, Birpur Jammu celebrated World Environment Day with great enthusiasm and zeal! 🌍💚 The students of Rig House conducted a special assembly, showcasing their creativity and concern for the environment.

The assembly featured a range of engaging items, including:

- Thought-provoking speeches on the importance of environmental conservation 🗣️
- Poignant poems that highlighted the beauty and fragility of nature 📖
- A captivating skit that conveyed the message of sustainability and eco-friendliness 🎭

The students' performances were truly commendable, and their passion for protecting the environment was palpable. ★



# Fathers Day







# Yoga Day



"Bending Towards Wellness: Shemford Futuristic School Birpur, Jammu Embracing the Spirit of Yoga" 🧘♀️☀️

Shemford Futuristic School Birpur, Jammu celebrated International Yoga Day with great enthusiasm and zeal! 🥰🧘♀️ The students, under the expert guidance of their sports coach, practiced various yoga exercises that promoted physical, mental, and spiritual well-being.

The students demonstrated remarkable discipline and focus as they performed different yoga poses, breathing techniques, and meditation exercises. 🙏🌿

The celebration aimed to promote awareness about the numerous benefits of yoga, including stress reduction, improved flexibility, and enhanced mental clarity. 🌈🧘♀️

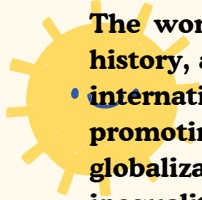
Let's bend, breathe, and bloom together! 🌸🧘♀️☀️







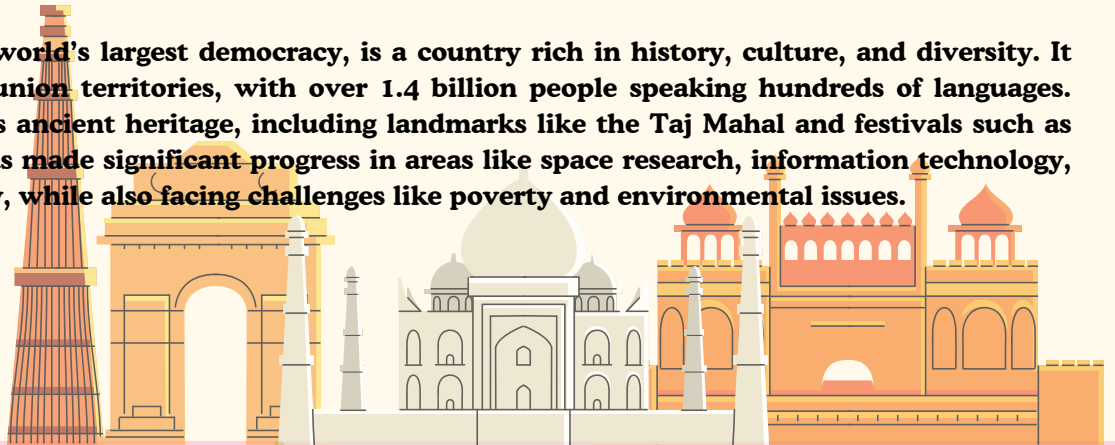
## Awareness about the world and India



The world is a diverse place made up of nearly 200 countries, each with its own unique culture, history, and geography. Major global issues today include climate change, economic development, and international cooperation. The United Nations plays a key role in addressing these challenges, promoting peace, human rights, and sustainable development. Technological advances and globalization have connected people more than ever, but they have also brought challenges like inequality and environmental concerns.

India, known as the world's largest democracy, is a country rich in history, culture, and diversity. It has 28 states and 8 union territories, with over 1.4 billion people speaking hundreds of languages. India is famous for its ancient heritage, including landmarks like the Taj Mahal and festivals such as Diwali and Holi. It has made significant progress in areas like space research, information technology, and renewable energy, while also facing challenges like poverty and environmental issues.

By Aradhya Sharma  
Grade 7th B



## Dreams



Hold fast to dreams  
For if dreams die  
Life is a broken winged bird  
That cannot fly

Hold fast to dreams  
For when dreams go  
Life is a barren field  
Frozen with snow.

Grade :-8  
Tanvi Kashyap



## Dare to Dream Big

Every great achievement begins with a dream. Whether it's becoming a scientist, artist, athlete, or leader — it all starts with believing in yourself.

Dreaming big gives your life direction and purpose. It helps you rise above doubts and push your limits. But dreams need action — hard work, patience, and courage.

Remember, success isn't instant. Even the most inspiring people failed before they rose. What made them winners? They never gave up.

"Dreams transform into thoughts, and thoughts result in action."

— Dr. A.P.J. Abdul Kalam

So, don't limit your vision. Chase your passion. Stand tall through every challenge. Because when you dare to dream big, you light the path to a brighter future — for yourself and the world.

Reetika  
Grade XI(PCB)

# DREAM BIG







## Breaking the Silence: Stigma Around Women's Mental Health in India

### 🧠 Introduction

Mental health is a crucial part of overall well-being, yet it remains one of the most misunderstood and neglected areas—especially for women in India. While women face unique mental health challenges due to biological, social, and cultural factors, the stigma around discussing these issues keeps many of them silent. This silence is not just personal—it is societal.

### 🌸 Why Women Are More Vulnerable

Women in India often juggle multiple roles: daughter, wife, mother, caregiver, employee. These roles come with emotional and physical demands, but very little support. Common mental health issues in women include:

- Depression
- Anxiety
- Postpartum depression
- PTSD (especially from domestic or sexual violence)

### 😞 The Stigma: What It Looks Like

Despite growing awareness in urban areas, mental health remains taboo across much of India. Here's how stigma shows up:

- "It's just stress, stop overthinking."
- "Log kya kahenge?" (What will people say?)
- Fear of being called "mad" or "crazy."
- Being labelled as "weak" if they seek help.

Many women fear rejection from their families or even their in-laws if they open up about their mental health struggles.

### 🔗 Cultural and Social Factors

- **Patriarchy:** Traditional gender roles expect women to be emotionally strong and self-sacrificing.
- **Lack of Awareness:** Many people still don't understand that mental illness is real and treatable.
- **Financial Dependence:** Women dependent on family or spouses may have less control over their health choices.
- **Limited Access:** In rural areas, mental health services are either unavailable or hard to access for women.

### 💬 Voices That Need to Be Heard

In recent years, brave Indian women—including celebrities like Deepika Padukone—have spoken publicly about their battles with depression and anxiety. This has helped start conversations, but a huge gap still remains, especially in smaller towns and rural regions.

By Harleen kour



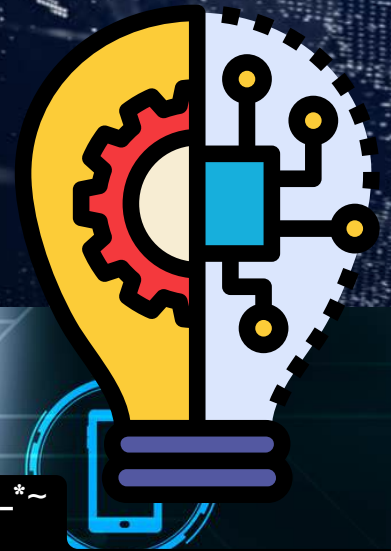


# AI

## Artificial Intelligence (AI)

is a rapidly growing technology that enables machines to think, learn, and make decisions like humans. From voice assistants like Siri and Alexa to smart features in phones, online learning tools, and even self-driving cars, AI is becoming a part of our daily lives. In education, AI helps students by offering personalized learning, solving doubts, and making studying more interactive and fun. As the future becomes more digital, understanding AI is important for students, not just to use technology smartly but also to become the innovators of tomorrow. Embracing AI means preparing ourselves for a smarter, faster, and more connected world.

By Risha Jasrotia



## \*~\_The Digital Chains: How Technology Addiction Grips the Modern World\_~\*

In an increasingly hyperconnected world, the pervasive presence of technology has fostered a growing concern: digital dependency and addiction. Recent trends highlight an alarming rise in screen time across all age groups, with studies indicating that over 50% of Americans believe they are addicted to their phones. This isn't just about excessive use; it's about a compulsive reliance that negatively impacts mental, physical, and social well-being.

Current events underscore this deepening entanglement. The post-pandemic era has seen an intensification of digital reliance, blurring the lines between work, leisure, and personal life as remote work and online interactions became the norm. Social media platforms, designed for constant engagement, continue to contribute to issues like anxiety, depression, and poor self-esteem, especially among youth who are bombarded with curated, often unrealistic, portrayals of life. For instance, reports consistently show teens spending 7-9 hours daily on screens, with many exhibiting signs of cell phone addiction and higher rates of mental health issues like suicidal thoughts.

The consequences extend beyond mental health, affecting sleep patterns, physical activity, and real-world social connections. The instant gratification offered by digital devices can lead to irritability and anxiety when disconnected, illustrating a dependency akin to substance addiction. As technology continues to advance and integrate further into daily life, understanding and addressing this silent epidemic becomes crucial for public health and societal well-being.

\*Nandini Dabgotra  
Class XI\*





# OPERATION SINDOOR



**\*OPERATION SINDOOR\***

Operation SINDOOR emerged as a calibrated military response to an evolving pattern of asymmetric warfare, one that increasingly targets unarmed civilians along with military personnel. The terrorist attack on tourists in Pahalgam in April 2025 served as grim reminder of this shift. India's response was deliberate, precise, and strategic. Without crossing the Line of Control or international boundary, Indian forces struck terrorist infrastructure and eliminated multiple threats. However, beyond tactical brilliance, what stood out was the seamless integration of indigenous hi-tech systems into national defence. Whether in drone warfare, layered air defence, or electronic warfare, Operation SINDOOR marks a milestone in India's journey towards technological self-reliance in military operations.

**Air Defence Capabilities: Tech as the First Line of Protection**

On the night of 07-08 May 2025, Pakistan attempted to engage a number of military targets in Northern and Western India including Awantipura, Srinagar, Jammu, Pathankot, Amritsar, Kapurthala, Jalandhar, Ludhiana, Adampur, Bhatinda, Chandigarh, Nal, Phalodi, Uttarlai, and Bhuj, using drones and missiles. These were neutralised by the Integrated Counter UAS (Unmanned Aerial Systems) Grid and Air Defence systems. Air Defence systems detect, track, and neutralise threats using a network of radars, control centres, artillery, and both aircraft- and ground-based missiles.

India's Air Defence Systems, combining assets from the Army, Navy, and primarily the Air Force, performed with exceptional synergy. These systems created an impenetrable wall, foiling multiple attempts by Pakistan to retaliate.

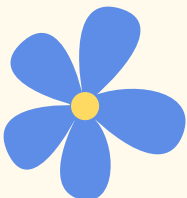
**The Integrated Air Command and Control**

System (IACCS) of the Indian Air Force brought all these elements together, providing the net-centric operational capability vital for modern warfare.

India's strategic calculus in Operation Sindoor was informed by an unwavering objective: to uphold national sovereignty and protect civilian lives without precipitating a broader military conflagration. By confining military action to terrorist infrastructure, India underscored its non-escalatory posture and respect for established international norms. Pakistan's reputation as the epicentre of global terrorism is rooted in a number of instances, there are several terrorist attacks around the world where Pakistani fingerprints have been found. Earlier in pursuit of justice for the victims of terrorist attack be it Mumbai in 2008, Pathankot in 2016, Pulwama in 2019 or many others, India provided forensic evidence and urged Pakistan to bring the perpetrators of these attacks to justice.

**Name : Mannat**

**Grade : XI**







## دولت

آپ کے اخلاق کی قدر بھی لوگ اس وقت کریں گے۔  
جب آپ کے پاس دولت اور طاقت ہو۔ غریب کتنا ہی خوش  
اخلاق ہو لوگ اس کے اخلاق کو اس کی مجبوری سمجھتے  
ہیں۔  
آئیسہ ملک  
کلاس - چھٹی  
رولنمبر - 10



## بے روزگاری اور اس کے اثر

بے روزگاری بھارت کا ایک سنجیدہ مسئلہ ہے۔ ہمارے ملک میں لاکھوں افراد اعلیٰ تعلیم یافتہ ہونے کے باوجود بھی بے روزگار ہیں اور اس بے روزگاری کا سب سے بڑا اثر  
نوجوانوں کی نسلوں پر پڑ رہا ہے، جو ملک کا مستقبل ہیں۔

### وجوہات

بڑی ڈگری مگر بھر کی کمی۔ (۱)

اس کی سب سے بڑی وجہ یہ ہے کہ لوگ پڑھے تو ہیں مگر ہنرمند نہیں ہیں۔ کیونکہ ہمارا تعلیمی نظام صرف کتابی تعلیم پر توجہ دیتا ہے نہ کہ ہنر سکھانے پر۔

مشینوں کا استعمال۔ (۲)

مشینوں کے استعمال کی وجہ سے بے روزگاری اس قدر بڑھ گئی ہے جہاں لوگ پہلے ہاتھوں سے کام کر کے اپنی روزگار کمانے تھے وہ کام آج مشینیں خود ہی کر دیتی ہیں  
جس کی وجہ سے انسانوں سے روزگار چھین چکا ہے۔

بڈبٹی آبادی۔ (۳)

بڑھتی آبادی کی وجہ سے ہمارے ملک میں نوکریوں کی کمی ہو گئی ہے۔

سفارش اور کرپشن۔ (۴)

سفارش اور کرپشن کی وجہ سے جو لوگ قابل ہوتے ہیں انہیں کوئی مقام حاصل نہیں ہوتا اور جو قابل نہیں ہوتے وہ علا مقام حاصل کرتے ہیں۔

### اثرات

غریب میں اضافہ۔ (۱)

جب لوگ کے پاس نوکریاں نہیں ہوں گی تو غریب بڑھ جائے گی۔

ذہنی دباؤ۔ (۲)

جب لوگوں کے پاس نوکریاں نہیں ہوں گی اور لوگ غریب ہوں گے تو اس کا سب سے بڑا اثر ان کی ذہنی توازن پر پڑے گا۔

جرائم میں اضافہ۔ (۳)

جب لوگ بے روزگار ہوں گے تو وہ اپنا پیٹ بھرنے کے لیے جرم کا سہارا لیں گے۔

ہجرت۔ (۴)

جب لوگوں کے پاس نوکریاں نہیں ہوں گی تو لوگ شہروں کی طرف ہجرت کریں گے نوکریوں کی تلاش میں، جس کی وجہ سے شہروں پر بوجھ پڑے گا۔

خودکشی کا سبب۔ (۵)

جب لوگوں کے پاس پیسے نہیں ہوں گے تو وہ ذہنی دباؤ کی وجہ سے خودکشی کریں گے۔

### نتیجہ

بے روزگاری ایک ایسا مسئلہ ہے جو صرف فرد کو ہی نہیں بلکہ پورے معاشرے کو متاثر کرتا ہے اس کا حل حکومت اداروں اور عوام کے باہمی تعاون سے ممکن ہے۔  
جیسے کہ

فنی تعلیم اور تربیت کا فروخت ..

نئے روزگار کے موقع پیدا کرنا ..

چھوٹے کاروبار کو سپورٹ دینا ..

نوجوانوں کے لیے انٹرنشپ اور ہنر مندی کے پروگرام ..

قمر عباس  
جماعت : انہویں







## जलम्

,जलम् जीवस्य मूलं अस्ति। जलं विना जीवनं असम्भवम्। मानवाः जन्तवः, वृक्षाः च जलस्य अवलम्बनं कुर्वन्ति।

अस्माभिः नद्यः, सरितः, झरितः, जलाशयाः च जलस्य मुख्यस्रोताः सन्ति। वर्षा अपि जलस्य उत्तमं स्रोतं अस्ति। किन्तु आजकाल जलदूषणं वर्धते। अस्य कारणेन शुद्धं जलं लभ्यमानं नास्ति।

जलम् अमूल्यं रत्नम् अस्ति। अस्माभिः जलस्य संरक्षणं करणीयम्। वयं यदा जलं अपचयेन उपयोगयामः, तदा जलविपत्तिः भविष्यति।

"सन्देशः – "जलं रक्षतु, जीवनं रक्षत

## पर्यावरण संरक्षणम्

पर्यावरणं मानवजीवनस्य मूलं अस्ति। वृक्षाः, नद्यः, वायुः, जलं च अस्य अङ्गानि सन्ति। अस्माभिः पर्यावरणस्य रक्षणं करणीयम्। वनों का छेदनं न कर्तव्यम्। वायुप्रदूषणं जलप्रदूषणं च वर्जनीयं।

यदि पर्यावरणं सुरक्षितं न भवेत्, तर्हि मानवजीवनं संकटे भवति। अतः वृक्षारोपणं कुर्मः। जलं रक्षामः। प्लास्टिकवस्तूनां उपयोगः अपि न्यूनः कर्तव्यः।

"सन्देशः – "पर्यावरणं रक्षतु, जीवनं रक्षतु।

नाम - जीतिका थापा



## शिक्षायाः महत्त्वम्

शिक्षा मानवस्य जीवनस्य अत्यावश्यकं अङ्गं अस्ति। शिक्षाया मनुष्यः ज्ञानं, संस्कारं च प्राप्नोति। सा केवलं पुस्तकेषु लभ्यं ज्ञानं न, अपि तु जीवनस्य मार्गदर्शिका अपि अस्ति।

शिक्षायाः द्वारा बालकः शिष्टाचारं, सामाजिकं व्यवहारं, आचारशीलतां च अधिगच्छति। शिक्षा एव मनुष्यं अन्धकारात् प्रकाशं प्रति नयति। या शिक्षा न केवलं जीविकोपार्जनाय उपयुक्ता, अपि तु सदाचारे स्थापनाय, राष्ट्रनिर्माणाय च सहायकाः भवति।

भारते 'सर्वे भवन्तु सुखिनः' इत्यादि मूल्याः शिक्षायाः माध्यमेन एव बालकेषु स्थाप्यन्ते। गुरुशिष्यपरम्परा भारतस्य दीर्घकालीनं शिक्षणपद्धतिं दर्शयति। आधुनिककाले अपि, विज्ञानं, गणितं, भाषा, इतिहासः च शिक्षायाः प्रमुखविषयाः सन्ति।

अतः वयं सर्वे शिक्षायाः महत्त्वं ज्ञात्वा, स्वाध्यायं कुर्मः, गुरुणां सम्मानं कुर्मः च। शिक्षाया एव वयं उत्तमान् नागरिकान् राष्ट्राय दातुं शक्नुमः।

नाम - समर तिवारी  
कक्षा - छठी 'ए'



संस्कृतभाषा भारतस्य प्राचीनतमं च महान् च भाषा अस्ति। एषा भाषा विश्वस्य अपि प्राचीनतमेषु भाषासु एका अस्ति। संस्कृतम् एव भारतस्य सांस्कृतिकं, धार्मिकं, तथा वैज्ञानिकं ज्ञानं वहति। वेदाः, उपनिषदः, रामायणम्, महाभारतम्, भगवद्गीता च — एते सर्वे ग्रन्थाः संस्कृतभाषायाम् एव विरचिताः।

संस्कृतं "देववाणी" इति अपि कथ्यते, यतः एषा भाषा देवैः प्रयुज्यते इति विश्वासः अस्ति। एषा भाषा न केवलं धार्मिकविषयेषु, अपि तु गणिते, ज्योतिषे, आयुर्वेदे, शिल्पकले, भाषाशास्त्रे च महत्त्वं वहति।

## व्याकरणस्य सुसंगठितः स्वरूपम्

संस्कृतभाषायाः व्याकरणं महर्षिः पाणिनिः "अष्टाध्यायी" नामकग्रन्थे निर्दिष्टवान्। तस्य व्याकरणं लघु, सुगमं च अस्ति, परन्तु तस्मिन् सूक्ष्मता, गाम्भीर्यं च अपि दृष्टं शक्यते। अष्टाध्यायी जगति प्रथमं पूर्णं व्याकरणग्रन्थः इत्येव स्वीक्रियते।

## निष्कर्षः

संस्कृतम् आत्मनः गौरवम्, राष्ट्रस्य संस्कृतिः च अस्ति। एषा भाषा न केवलं अतीतानां स्मृतिः, अपि तु भविष्यस्य दीपः अपि अस्ति। वयं सर्वे संस्कृतस्य रक्षणं कृत्वा ताम् अग्रेसरं कर्तुं यत्नं कुर्मः।

"संस्कृतं जानाति यः, सः भारतस्य मूलं जानाति।"

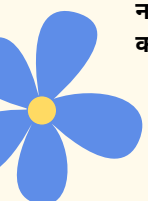
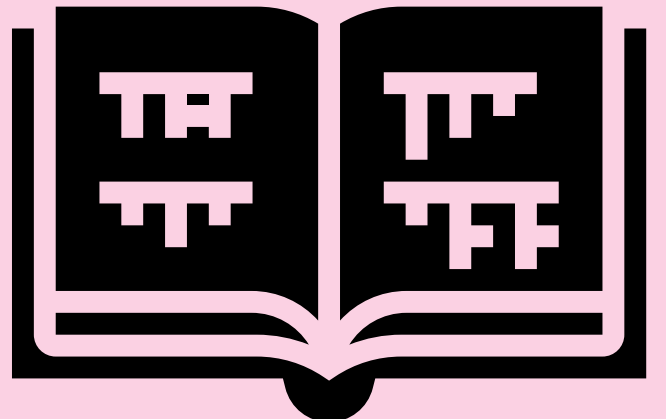
"या भाषा सर्वेषां भाषाणां जननी अस्ति, सा संस्कृतभाषा।

Name: Irani Sharma

Class: 6th

Section: 'B'

Roll number: 16







## La culture

La culture est l'ensemble des connaissances, des traditions, des croyances, des arts et des modes de vie partagés par un groupe de personnes. Elle se transmet de génération en génération et joue un rôle essentiel dans la construction de l'identité individuelle et collective.

Chaque pays possède une culture unique, influencée par son histoire, sa géographie, sa langue et ses religions. Par exemple, la culture française est connue pour sa gastronomie, sa littérature, son cinéma et son art de vivre.

La culture favorise aussi la tolérance et le respect. En apprenant les coutumes des autres, on développe une meilleure compréhension du monde et on construit des ponts entre les peuples.

Dans un monde globalisé, préserver sa culture tout en s'ouvrant à celle des autres est un véritable équilibre. La culture n'est pas figée ; elle évolue avec le temps, les échanges et les nouvelles générations.

By Madhvi Angral  
Grade 10th



Dans un monde en constante évolution, l'intelligence artificielle (IA) s'impose comme l'un des progrès technologiques les plus fascinants du XXI<sup>e</sup> siècle. Capable d'apprendre, de raisonner et même de créer, l'IA transforme profondément notre quotidien, tout en soulevant de nombreuses questions éthiques et sociétales.

**\* Une technologie au cœur de nos vies**

Autrefois réservée à la science-fiction, l'IA est aujourd'hui une réalité tangible. Elle est utilisée dans des domaines aussi variés que :

La santé, pour diagnostiquer des maladies grâce à l'analyse d'images médicales,  
L'industrie, pour automatiser les chaînes de production,  
Les transports, avec le développement des véhicules autonomes,  
Le marketing numérique, pour proposer des publicités ciblées,  
Et même dans l'éducation, à travers des applications d'apprentissage intelligent.  
Les promesses de l'intelligence artificielle  
L'IA offre de nombreuses opportunités. Elle peut :

**\* Améliorer l'efficacité et la productivité,**  
Réaliser des tâches dangereuses ou répétitives,  
Aider à résoudre des problèmes complexes comme le changement climatique ou les pandémies,  
Favoriser l'innovation dans tous les secteurs.  
Des défis à relever  
Cependant, cette technologie soulève également de nombreux défis :

La perte d'emplois dans certains secteurs,  
Les biais algorithmiques, qui peuvent entraîner des décisions injustes,  
La question de la vie privée, car l'IA repose souvent sur l'analyse de grandes quantités de données personnelles,  
Et le risque d'une dépendance excessive aux machines.  
**Vers une IA éthique et responsable**  
Pour tirer le meilleur parti de l'intelligence artificielle, il est essentiel de mettre en place des règles claires, fondées sur des valeurs humaines. La transparence, la responsabilité et l'équité doivent guider le développement de cette technologie. Des efforts sont déjà en cours au niveau international pour encadrer l'usage de l'IA et éviter ses dérives.

Name :- Tanika Angral





# Know your Country: India



Algebra, Trigonometry and Calculus are studies, which originated in India.



The 2nd largest number of scientists and engineers in the world, are in India.